

THE 2006 RHODES TRAIL RUN RESULTS

POSITION	SURNAME	NAME	CLUB	RACE NO	AGE	SEX	CAT	TIME
1	MORSHEAD	Iain	Boksburg Athletic Club	505	41		40	4:19:34
2	SMITH	Gary	Jeppe Quondam	597	38		35	4:30:16
3	YOUNG	Johnny	Harmony AVT	662	32			4:35:58
4	SPEELMAN	Mbulelo Sidney	Rhodes Runners Club	825	29			4:43:23
5	TORIEN	Trevor	Boksburg Athletic Club	737	40		40	4:50:36
6	JEFFREY	Anthony	Jeppe Quondam	879	35		35	4:58:04
7	SNYMAN	Patrick	Boksburg Athletic Club	850	36		35	5:04:26
8	McCRINDLE	Kenny	Boksburg Athletic Club	645	49		40	5:04:27
9	CUTTS	Raymond	Stella Athletic Club	508	47		40	5:07:24
10	JENNINGS	Guy	Fourways Roadrunners	398	41		40	5:07:25
11	COLES	Sean	Irene Road Running Club	660	46		40	5:09:55
12	MKHIZE	Sibusiso	Midlands Athletic Club	796	38		35	5:10:44
13	ROBBERTZE	Cliff	Westville Athletic Club	830	39		35	5:12:17
14	VAN SCHALKWYK	Martin	Irene Road Running Club	885	41		40	5:21:43
15	KABEDI	Thato	Rhodes Runners Club	824	22			5:27:47
16	KELLY	Tammy	Oxford Striders	677	39	L	35	5:28:04
17	GRESSE	Brendes	Irene Road Running Club	650	44		40	5:28:06
18	MOUTON	Eddie	Outeniqua Harriers	709	32			5:29:18
19	TORR	Wayne	Ficksburg Marathon Club	684	42		40	5:29:22
20	WILLEMSE	Andre	Elite	703	48		40	5:29:26
21	CLOETE	Hendrik	Uppington Marathon Club	658	40		40	5:30:41
22	OLIVIER	Koos	Akasia Athletic Club	827	39		35	5:34:34
23	NEL	Guillaume	Stella Athletic Club	333	45		40	5:36:10
24	BURGER	Bennie	Nelspruit Marathon Club	679	53		50	5:38:16
25	TALJAARDT	Dennie	Nelspruit Marathon Club	672	44		40	5:40:06
26	SHOOTER	Ian	Eskom Gijimas	794	39		35	5:41:17
27	RAUTENBACH	Corrie	Welkom Striders	644	38		35	5:43:15
28	VOSLOO	Gerhard	Welkom Striders	603	47		40	5:43:16
29	KING	Bruce	Jeppe Quondam	665	32			5:44:14
30	REBELLO	Cindy	Randburg Harriers	728	40	L	40	5:44:53
31	LE ROUX	Jannie	Bastion Athletic Club	47	45		40	5:45:14
32	PATTERSON	Gregg	Pinetown & District A C	756	33			5:48:20
33	VLOK	Sakkie	Enduro	214	48		40	5:48:45
34	VAN ZYL	Riaan	Swartland Athletic Club	810	32			5:49:11
35	GEDDIE	Mark	Boksburg Athletic Club	718	36		35	5:49:28
36	GEEKIE	Adrian	Florida Running Club	726	33			5:49:59
37	MITCHELL	Clive	West Coast Athletic Club	865	48		40	5:50:47
38	DU TOIT	Erina	Mr Price Free State	826	33	L		5:51:32
39	BROWN	Sandi	Fourways Roadrunners	880	34	L		5:53:49
40	BEKKER	Johan	Bloemfontein Achilles	859	42		40	5:54:35
41	MAREE	Tewie	Nelspruit Marathon Club	554	51		50	5:56:01
42	GROBLER	Lisl	Knysna Marathon Club	789	30	L		5:58:08
43	RAMAGAPOLA	Andrew Ngoako	Liberty Athletic Club	280	42		40	5:58:18
44	VAN EEDEN	Jan	Harmony Athletic Club	790	48		40	5:58:18
45	WEYERS	Hennie	Pretoria Marathon Club	734	39		35	5:58:28
46	KLEINHANS	Leon	Bloemfontein Achilles	799	47		40	5:58:35
47	COOPER	Beaumont	Fish Hoek Athletic Club	890	52		50	6:02:05
48	PURDON	Peter	Florida Running Club	835	55		50	6:03:28
49	PALM	Rufan	A S Eagles	334	49		40	6:04:04
50	ROSSOUW	Deon	Edgemead Runners	804	41		40	6:04:05
51	KRIEL	Renette	Oxford Striders	682	41	L	40	6:05:21
52	BOOYENS	Andrew	Buffalo Road Runners	657	31			6:09:03
53	FROST	Brett	Howick Athletic Club	772	36		35	6:09:39
54	PALFRAMAN	Kevin	Collegians Harriers	509	34			6:09:40
55	CONNELL	Glen	Stella Athletic Club	606	33			6:09:40
56	TRAIN	Lesley	Boksburg Athletic Club	876	32	L		6:10:08
57	RADLOFF	Carl	Oxford Striders	784	33			6:10:20
58	MURRAY	Miema	Harmony WP	555	44	L	40	6:10:35
59	ROODT	Johan	Run Walk for Life	820	45		40	6:13:02
60	DE WET	Hein	Enduro	801	38		35	6:13:47
61	KOEN	Kerry	Collegians Harriers	701	30	L		6:15:26
62	REDELINGHUYNS	Johan	Ficksburg Marathon Club	828	40		40	6:16:06
63	NAUDÉ	Charles	Harmony Athletic Club	792	47		40	6:16:12
64	FOSTER	Keryn	Adidas Western Province	758	28	L		6:17:06
65	DRIVER	Glenn	Boksburg Athletic Club	877	28			6:17:18
66	STUCKY	Reiner	Volksrust Marathon Club	711	47		40	6:18:31
67	NORCOTT	Brian	Pinetown & District A C	767	43		40	6:19:57
68	SAUNDERS	Belinda	Saints Athletic Club	655	39	L	35	6:21:27
69	TALJAARD	Dirk	Harmony AVT	862	31			6:21:28
70	BRITZ	Didi	Nelspruit Marathon Club	883	37		35	6:21:30

<u>POSITION</u>	<u>SURNAME</u>	<u>NAME</u>	<u>CLUB</u>	<u>RACE NO</u>	<u>AGE</u>	<u>SEX</u>	<u>CAT</u>	<u>TIME</u>
71	BOOYSEN	Riaan	Adventure Racing Johannesburg	858	33			6:24:31
72	SPANGENBERG	Riaan	Liberty Nike GW	873	43		40	6:25:45
73	REBELLO	Wayne	Randburg Harriers	656	42		40	6:27:06
74	KRUGER	Kathy	Eskom Gijimas	795	37	L	35	6:28:59
75	OLIVIER	Dries	Klerksdorp Marathon Club	673	37		35	6:29:55
76	BRAUN	Quintin	Hilton Harriers	601	43		40	6:29:56
77	DE VILLIERS	Etienne	Kelloggs Striders	867	44		40	6:29:57
78	WILCOX	Jeffrey	Knysna Marathon Club	640	38		35	6:29:59
79	REID	James	Benoni Harriers	874	46		40	6:30:08
80	OOSTHUIZEN	Herculas	Krugerdsorp Athletic Club	763	47		40	6:32:05
81	LAGERWALL	Ronald	Magnolia Road Runners	754	45		40	6:32:50
82	VAN NIEKERK	Phillip	Stella Athletic Club	165	53		50	6:33:13
83	BOTHA	Ian	Secunda Marathon Club	834	52		50	6:33:27
84	VAN DER HOVEN	Barbara	Harrismith Marathon Club	287	38	L	35	6:33:28
85	HAYWARD	Andrew	Elite	870	47		40	6:33:54
86	TOOMEY	Iain	Lowveld Country Club	557	52		50	6:34:01
87	GREEFF	Andre	Vaal Athletic Club	479	52		50	6:34:14
88	SNYMAN	Villeen	Bo-Karoo Marathon Club	817	38	L	35	6:34:49
89	ROACH	Andrew	Old Selbornians	424	43		40	6:35:07
90	VAN STADEN	Joggie	Klerksdorp Marathon Club	768	58		50	6:35:31
91	VISAGIE	Johan	Nelspruit Marathon Club	803	47		40	6:36:04
92	BESTER	Paul	Eskom Gijimas	752	38		35	6:37:30
93	SEDDON	Patrick	Queenstown Harriers	712	43		40	6:38:08
94	HUNTER-SMITH	Mark	Achilles A A A	375	41		40	6:39:30
95	LAING	Andrew	PEB Print Adidas	623	45		40	6:39:30
96	VAN DYK	Hendrik	Nelspruit Marathon Club	798	45		40	6:40:41
97	MULDER	Elmarie	Nelspruit Marathon Club	849	33	L		6:40:41
98	VAN DEN RAAD	Bert	Alpha Centurion	863	61		60	6:40:55
99	ROY	Mike	City Power Johannesburg	651	44		40	6:41:25
100	BECKER	Orton	McArthur Multisport Club	833	62		60	6:41:25
101	VAN EEDEN	Johann	Akasia Athletic Club	750	52		50	6:42:28
102	SCHUTTE	Johan	Sasolburg Athletic Club	739	58		50	6:43:41
103	WELGEMOED	Marita	Kumba Marathon Club	715	36	L	35	6:43:42
104	REYNIERSE	Jan	Tuks Alumni	732	57		50	6:44:17
105	VOLMINK	Johnny	Eskom Gijimas	855	54		50	6:45:22
106	BECK	Sascha	Eskom Gijimas	721	32	L		6:46:21
107	EAGER	Anne-Marie	Bethal Marathon Club	771	41	L	40	6:49:35
108	WHITE	Robert	Hillcrest Villagers	781	55		50	6:50:06
109	VAN GREUNEN	Niel	Enduro	783	36		35	6:52:18
110	DU PREEZ	Pieter	Rhodes Runners Club	283	52		50	6:52:56
111	WESSELS	Herman	Bethlehem Marathon Club	359	46		40	6:53:00
112	HERBST	Kassie	Lichtenburg Marathon Club	517	39		35	6:53:01
113	KELLY	Patrick	Oxford Striders	678	41		40	6:53:47
114	CRONJE	Rynard	Jeppe Quondam	860	53		50	6:54:04
115	BADENHORST	Glenda	Umlathuze Athletic Club	727	48	L	40	6:56:46
116	THOMAS	Alan	Pinelands A C	704	37		35	6:57:22
117	TOLSMA	Mark	Satori Athletic Club	686	45		40	6:57:25
118	WEBBER	Brian	Midrand	831	52		50	6:57:25
119	FOURIE	Johannes	Middelburg Marathon Club	836	49		40	6:57:25
120	ELS	Linda	Fish Hoek Athletic Club	853	38	L	35	6:57:25
121	MACKINTOSH	Russell	Fish Hoek Athletic Club	646	39		35	6:57:33
122	GODDARD	Trevor	Gonubie Harriers	746	34			6:57:36
123	BRITTON	Piet	Eskom Gijimas	215	52		50	6:58:18
124	JACKSON	André	Harrismith Marathon Club	4	50		50	6:58:46
125	GOUWS	Martin	Magnolia Road Runners	720	46		40	6:58:51
126	LANGE	Max	Irene Road Running Club	843	37		35	6:59:12
127	HARPER	Donald	Dabulamanzi Canoe Club	675	42		40	6:59:20
128	TAYLOR	Hendrik	Harmony FS	814	37		35	7:01:53
129	DU TOIT	Vincent	Harmony FS	821	48		40	7:01:53
130	WOOD	Alison	Rocky Road Runners	745	35	L	35	7:02:26
131	VAN DEN BERG	Eric	Pirates Road Running	882	43		40	7:02:26
132	LOTZ	Frans	Rhodes Runners Club	802	39		35	7:02:39
133	WILLIAMS	Andrea	Old Selbornians	779	24	L		7:03:34
134	BURSEY	Peter	Old Selbornians	474	29			7:03:35
135	RANGER	Peter	Old Selbornians	777	29			7:03:36
136	ELDRIDGE	Sharon	Old Selbornians	383	44	L	40	7:03:37
137	RANGER	Bryan	Old Selbornians	778	29			7:03:37
138	BOTES	Johan	Klerksdorp Marathon Club	748	52		50	7:05:15
139	HOLTON	Danny	Dolphin Coast Striders	14	50		50	7:06:14
140	MOODY	Lyle	Queenstown Harriers	822	20			7:06:37
141	BEZUIDENHOUT	Peter	NMMU	707	36		35	7:06:55
142	MARRIOTT	Peter	Harmony Athletic Club	729	39		35	7:09:25
143	SINGH	Sham	Rocky Road Runners	13	48		40	7:09:36
144	VERSTER	Carl	Collegians Harriers	764	35		35	7:10:30

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145	KLOPPER	Stephanus	Rustenburg Marathon Club	653	34			7:11:59
146	DE GROOT	Peter	Stella Athletic Club	642	46		40	7:12:17
147	HINCHLIFFE	Shane	Stella Athletic Club	210	45		40	7:12:18
148	VAN DER WESTHUIZEN	Phillip	Nelspruit Marathon Club	800	49		40	7:12:28
149	BOLT	Louis	Phobians	685	51		50	7:12:29
150	CARTSENS	Theunis	Golden Reef Road Runners Club	669	47		40	7:13:36
151	VAN EDEN	Frikkie	Golden Reef Road Runners Club	706	58		50	7:13:36
152	VAN DER MERWE	George	Hillcrest Villagers	841	46		40	7:15:51
153	GROBLER	Danie	Newcastle Harriers	647	47		40	7:16:19
154	DORFLING	Johann	Elite	527	48		40	7:16:20
155	GILLMORE	Eddie	Bluewater Bay Athletic Club	793	48		40	7:17:02
156	DU TOIT	Corné	Harmony Athletic Club	780	35		35	7:17:03
157	PRICE	D J	Fish Hoek Athletic Club	168	59		50	7:18:59
158	DLAMINI	Dudu	Swazi Slo Jo's	847	44	L	40	7:19:42
159	AUCAMP	David	Swartland Athletic Club	659	45		40	7:20:07
160	VAN STAADEN	Gert	Swartland Athletic Club	811	39		35	7:20:08
161	BOTHA	Marius	Nelspruit Marathon Club	881	37		35	7:20:18
162	POTGIETER	Pierre	Nelspruit Marathon Club	716	46		40	7:20:19
163	WESSELS	Maryke	Bethlehem Marathon Club	869	31	L		7:21:40
164	NAGEL	Jannie	Pretoria Marathon Club	733	47		40	7:21:41
165	BENSCH	Johan	Middelburg Marathon Club	610	56		50	7:21:44
166	DU PLESSIS	Freddie	Magnolia Road Runners	713	48		40	7:21:45
167	BRAND	Kobus	Bethlehem Marathon Club	181	48		40	7:23:09
168	ROBERTSON	David	Crusaders	782	49		40	7:25:00
169	CONRADIE	Hano	Fourways Roadrunners	581	37		35	7:25:31
170	GOLDBERG	David	PEB Print Adidas	164	48		40	7:25:32
171	TROW	Jennifer	Komga	513	43	L	40	7:25:32
172	TROW	Richard	Komga	753	45		40	7:25:33
173	PEACOCK	Mike	Eskom Gijimas	719	48		40	7:27:26
174	STEYN	Izak	Mittal Athletic Club	823	55		50	7:29:19
175	BOTHMA	Johan	Harmony AVT	854	48		40	7:29:19
176	STRYDOM	Gerrie	Akasia Athletic Club	788	49		40	7:29:51
177	BREWIN	Sue	Phobians	382	41	L	40	7:30:55
178	KAVALLINEAS	Dimitri	Phobians	544	53		50	7:30:56
179	WASSERFALL	John	Hillcrest Villagers	714	53		50	7:30:56
180	JANSEN VAN RENSBURG	Willem	Somerset East Marathon Club	376	38		35	7:32:07
181	MULLER	Claude	Pirates Road Running	875	34			7:32:07
182	VAN DEN BERG	Ernst	Middelburg Marathon Club	661	47		40	7:32:49
183	HOFFMANN	Ryan	Queenstown Harriers	630	30			7:33:11
184	WESSELS	Liezel	Bethlehem Marathon Club	889	30	L		7:33:14
185	WESSELS	Johan	Bethlehem Marathon Club	663	32			7:33:15
186	PIETERSEN	Marietjie	Queenstown Harriers	871	49	L	40	7:34:29
187	COLLEN	Allen	Benoni Harriers	580	56		50	7:34:30
188	MEYER	Nico	Bloemfontein Achilles	761	34			7:35:56
189	DE WET	Neels	Bloemfontein Achilles	759	47		40	7:35:57
190	JONKER	Emiel	Bloemfontein Achilles	805	32			7:35:57
191	VAN AS	Skip	Ndaba Athletic Club	439	50		50	7:36:47
192	HOFMEYR	Maxie	Ndaba Athletic Club	837	51	L	50	7:36:47
193	LEMMER	Richard	Swazi Slo Jo's	861	46		40	7:38:03
194	HEIRISS	Mitzi	Welkom Striders	705	39	L	35	7:38:51
195	METER	Dirk	Knysna Marathon Club	394	51		50	7:38:52
196	LOUW	Yvette	Old Selbornians	671	26	L		7:39:47
197	LENTZ	Eddie	Old Selbornians	667	35		35	7:39:48
198	CLARKE	Charmaine	Westville Athletic Club	588	53	L	50	7:42:09
199	CLARKE	Stewart	Westville Athletic Club	608	53		50	7:42:10
200	JOHNSON	Paul	Body Concept Road Warriors	710	38		35	7:42:32
201	VAN DER MERWE	Hendrik	Ndaba Athletic Club	735	33			7:44:32
202	VINK	David	Pirates Road Running	643	49		40	7:45:02
203	TAYLOR	Jenny	Estcourt Athletic Club	786	46	L	40	7:46:57
204	RICHARDS	Andrew	Estcourt Athletic Club	785	41		40	7:46:58
205	TAYLOR	Brian	Estcourt Athletic Club	787	48		40	7:46:58
206	VAN DER WESTHUIZEN	Sarien	Irene Road Running Club	845	25	L		7:47:57
207	CLOETE	Lynda	Irene Road Running Club	884	36	L	35	7:47:57
208	BODENSTEIN	Hans	Phobians	618	56		50	7:50:26
209	RAUBENHEIMER	Andrew	Drifters Adventure	700	22			7:50:54
210	SCHREIBER	Mike	Oxford Striders	723	56		50	7:51:24
211	GILDENHUYS	Linda	Middelburg Marathon Club	886	36	L	35	7:51:27
212	GILDENHUYS	Jan	Middelburg Marathon Club	775	42		40	7:51:28
213	ENGELBRECHT	Liana	Harmony WC	744	45	L	40	7:51:30
214	GENDALL	Tim	Achilles A A A	670	45		40	7:51:38
215	MINTY	Mike	Pretoria Marathon Club	265	55		50	7:52:06
216	MINTY	Mariana	Pretoria Marathon Club	247	50	L	50	7:52:07
217	CAMPBELL	Andrew	Fish Hoek Athletic Club	722	42		40	7:52:13
218	PRETORIUS	Neels	Bloemfontein Striders	369	42		40	7:52:27
219	FOURIE	Audie	Ficksburg Marathon Club	683	43	L	40	7:52:28

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220	SCHULD	Karin	Ficksburg Marathon Club	674	48	L	40	7:52:30
221	BUITENDAG	Paul	Ficksburg Marathon Club	730	40		40	7:52:31
222	KINGSTON	Michael	Crusaders	806	33			7:52:53
223	BREETZKE	Claire	Crusaders	816	36	L	35	7:52:53
224	GIDDY	Peter	Achilles A A A	573	55		50	7:52:55
225	SCOTT	Earl	Crusaders	819	41		40	7:52:57
226	DE JAGER	Elna	Bloemfontein Achilles	887	37	L	35	7:52:59
227	VAN JAARVELD	Riaan	Bloemfontein Achilles	844	42		40	7:53:01
228	CLARK	Helen	Randburg Harriers	840	44	L	40	7:53:17
229	CLARK	Ted	Randburg Harriers	736	45		40	7:53:18
230	HOLTON	Pam	Dolphin Coast Striders	68	47	L	40	7:53:58
231	LEWIS	Graham	Hillcrest Villagers	812	53		50	7:54:00
232	ASHMOLE	Ian	Rustenburg Marathon Club	680	38		35	7:55:29
233	UYS	Wilhelm	Kimberley Harriers	857	53		50	7:55:30
234	LUDICK	Marinda	Bothaville Marathon Club	731	38	L	35	7:55:53
235	GRIFFIN	Derek	Westville Athletic Club	724	55		50	7:56:01
236	MACKINTOSH	Bev	Fish Hoek Athletic Club	616	39	L	35	7:56:55
237	McLELLAN	Gail	Varsity Old Boys	741	59	L	50	8:02:34
238	HENDRIKSE	Elizka	Durbanville Athletic Club	774	35	L	35	8:02:35
239	ROPER	Angela	High Performance Midas R R	770	48	L	40	8:03:42
240	DU PREEZ	Gerrit	Team Running Free	769	40		40	8:06:14
241	DU PREEZ	Marlene	Team Running Free	664	39	L	35	8:06:15
242	BILLAU	Colin	Magnolia Road Runners	864	49		40	8:10:12
243	DE MORNEY	Jean Paul	Middelburg Marathon Club	878	33			8:10:13
244	DEELEY-SMITH	Bruce	Bluff Athletic Club	676	49		40	8:10:56
245	PRESTON	Geoff	Harlequin Harriers	809	59		50	8:10:57
246	PRINS	Frans	Klerksdorp Marathon Club	762	47		40	8:15:29
247	BOTES	Riaan	Klerksdorp Marathon Club	751	29			8:15:30
248	GOOSEN	Trudie	Akasia Athletic Club	738	54	L	50	8:15:56
249	VAN EEDEN	Sanet	Akasia Athletic Club	749	50	L	50	8:15:56
250	MILLS	Bruce	Harmony Athletic Club	791	27			8:16:37
251	MOODY	Dave	Queenstown Harriers	223	49		40	8:18:54
252	CAMPBELL	Nikki	Fish Hoek Athletic Club	628	43	L	40	8:19:31
253	VAN STADEN	Riaan	Irene Road Running Club	842	34			8:20:52
254	VAN DER WESTHUIZEN	Yvette	A S Eagles	839	37	L	35	8:21:27
255	SCHWARTZ	Barry	FIT 2000	354	58		50	8:22:47
256	DEARLOVE	Dave	Gonubie Harriers	641	50		50	8:23:09
257	GASSNER	Dave	Oxford Striders	504	56		50	8:23:10
258	HAWKSWORTH	Lisa	Collegians Harriers	868	35	L	35	8:23:39
259	HAWKSWORTH	Mark	Collegians Harriers	776	42		40	8:23:40
260	WESSELS	Estelle	Middelburg Marathon Club	405	44	L	40	8:24:25
261	VAN DEN BERG	Hannelie	Middelburg Marathon Club	757	49	L	40	8:24:25
262	MAARTENS	Joseph	FIT 2000	614	33			8:24:26
263	FOURIE	Pam	Florida Running Club	838	39	L	35	8:24:29
264	JANSE VAN RENSBURG	Corrie	Boksburg Athletic Club	668	47		40	8:24:30
265	COOKE	Lucille	Stella Athletic Club	649	39	L	35	8:26:35
266	COOKE	Michael	Stella Athletic Club	631	42		40	8:26:36
267	OPPERMAN	Dirk	Bothaville Marathon Club	393	41		40	8:30:20
268	COATES	Glen	Old Selbornians	526	49		40	8:34:40
269	HINCHLIFFE	Gina	Stella Athletic Club	400	39	L	35	8:34:48
270	BARSLEY	Ian	Stella Athletic Club	609	50		50	8:34:49
271	HALL	Stewart	Stella Athletic Club	766	54		50	8:34:49
272	PIENAAR	Suzette	Tshwane University	648	52	L	50	8:38:32
273	JAMES	Rowyn	Phobians	324	38		35	8:40:08
274	WEERS	Dickie	Pinelands A C	314	59		50	8:42:43
275	RADLEY	Ashley	FIT 2000	272	46		40	8:42:50
276	HAUPT	Paul	Pirates Road Running	681	57		50	8:43:43
277	SELBY	Jenny	FIT 2000	189	56	L	50	8:47:02
278	SELBY	Paul	FIT 2000	135	60		60	8:47:03
279	LINDEN	Craig	Onderberg Marathon Club	773	46		40	8:47:03
280	WESSELS	Frank	Middelburg Marathon Club	275	47		40	8:47:36
281	VAN SCHIE	Hendrika	Pirates Road Running	818	49	L	40	8:48:31
282	RIGGS	Petra	Brackenfell	832	44	L	40	8:50:05
283	O'GORMAN	Stephen	Eskom Gijimas	856	46		40	8:50:06
284	SOLOMON	Kyra	Brackenfell	815	44	L	40	8:50:07
285	BOOTH	Martjie	Bothaville Marathon Club	829	46	L	40	8:50:09
286	MICHELL	Greg	Stella Athletic Club	92	56		50	8:50:11
287	NELL	Vasco	Krugersdorp Athletic Club	652	61		60	8:50:12
288	GROBLER	Johan	Swazi Slo Jo's	34	55		50	8:53:12
289	NICOLL	Graham	West Coast Athletic Club	666	40		40	8:55:07
290	GODDARD	Charmaine	Gonubie Harriers	747	37	L	35	8:56:35
291	MALLEN	Lawrence	Varsity Kudus	263	59		50	8:56:36